

2013

# The Hand to Hand Chronicle

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## Our Mission Statement

Hand to Hand makes an impact in the lives of women and girls in San Diego County by directing resources to programs that empower change and self-sufficiency.



## Our Members

Under the aegis of the Coastal Community Foundation, Hand to Hand was founded in 2008. The 19 founding members awarded the first grants in November, 2009. Since our founding, we have grown to some 50 women from across North County San Diego. Among our members are professionals, both working and retired, from the fields of education, medicine, corporate business, finance, law, social services, advertising, real estate, broadcasting and technology.

# 2013 Grantees

Our three Grantees for program year 2013 were carefully chosen by our members at our November 2012 meeting. The recipients were:

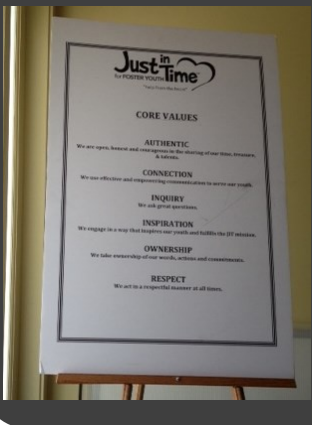
<i>Just in Time for Foster Youth</i>	<b>\$10,000</b>	<i>17 Women Served</i>
<i>Angel Faces</i>	<b>\$9,000</b>	<i>28 Girls Served</i>
<i>Casa Cornelia Law Center</i>	<b>\$10,000</b>	<i>200 Women Served</i>



*Final Decide Meeting 2013*



*Mock Interviews at Just In Time And A Core Values Poster*



## Just in Time for Foster Youth

“JIT” specializes in filling a niche in the foster care system—helping those who ‘term out’ of the system but still need assistance in finding their way in the adult world. JIT wrote a grant for a special program within their organization that helps young adult females who want additional training and mentoring in order to secure and retain a desirable job. Career Horizons is an 8 month long program which is organized by the program director and includes a substantial amount of volunteer mentors.

In August, members June Collins and Lynne Calkins visited the JIT Career Hori-

zons “mock interviews” so they could see how the participants had progressed through the program. Our members found observing the interviews to be very productive and a very useful experience for the participants. They also observed the challenges that the counselors and volunteers face in motivating and supporting youth who have not felt valued by society, not experienced much family stability. June and Lynne were invited to participate as mock interviewers for mock job interviews, observing how each participant presented herself, how much she knows about the job she was applying for,

and understanding the expectations of the job she was seeking.

There was also a volunteer presentation on the use of LinkedIn, explaining to the participants the potential of using this online resource to present one’s experience and qualifications to potential employers.

There was a total of 17 women that were able to complete the 8 month Career Horizons program. Consistency is always an issue with the young adults due to scheduling conflicts and transportation, but those that ‘graduate’ feel that the outcome is worth the time and effort.

# Angel Faces



Angel Faces puts on a 5 day retreat for girls from all over the United States who have been scarred by burns. This year the retreat was held at the Glen Ivy Resort and 28 girls attended. Our grant helped

## *Butterfly Ceremony before the girls head home*

provide lodging and meals for 4 of the participants, an additional licensed therapist, and psychosocial materials such as journals and art supplies for all the participants.

Member Katrina Dodson was invited to tour the retreat, listen to some of the individual stories, share a meal, and witness the “Butterfly Ceremony”

of renewal and healing.

In an effort to help the girls with their self-image and increase self-confidence, the girls also learn to tell their stories to others, apply make up to cover their facial scars if they choose, and deal with social situations. The licensed therapists work individually and in groups with the girls to work through their shared problems and guide them to solutions.

# Casa Cornelia Law Center

Casa Cornelia was given a grant for additional paralegal staffing needed to cover an increasing population of women that the center serves. The many volunteers attorneys who work on behalf of the domestic violence victims are supported by the paralegal work necessary to file for visas and other court paperwork.

Members Suzanne Colby, Lynne Calkins, Mary Murphy and June Collins went to Casa Cornelia to see how the process works for both the program participants, the volunteers, and the

paralegal assistants. For each participant served, an average of 40 hours of legal assistance is provided. Our members were able to sit in on a training and recruitment session for prospective attorneys who would agree to work *pro bono* for Casa.

Hand to Hand members attended a special evening event in which Casa thanked all the attorneys and others who volunteer their time at the law center. Artist Inocente, a former client, was guest speaker and shared her experiences with Casa Cornelia.



*Meeting with a participant and the sponsor event*



# Grants Awarded By Hand to Hand

Grants through 2013 totaling over \$135,000

- Casa Cornelia: for the Domestic Violence Program (2012, 2013)
- Girls Rising: Mentor program (2013)
- Angel Faces: Retreat to help girls with severe facial disfigurements (2010, 2012)
- Community Resource Center: Life Skills training for domestic abuse survivors (2009)
- Girls on the Run: for development of a North County program (2009, 2011)
- Welcome Home Ministries: Data Collection program to reduce recidivism (2013)
- Foundation for Women: Microcredit loan program (2010)
- From the Inside Out: Girls only mentoring program (2009, 2011)
- Just in Time for Foster Youth: Career Horizons program for young women (2012)
- Leap to Success: supporting the Women's Leadership program (2011)
- MANA de North County: for the Hermanitas mentorship program (2010)
- San Diego Hope House: retraining for women victims of human trafficking (2011)
- Shakti Rising: for the Transformational Recovery Program (2009, 2010)

